

# ALL BRITAIN WADOKAI



## WINTER COURSE 2018 JKF DAN GRADING

The All Britain Wadokai (ABWK) Winter Course and JKF Dan Grade Examination will be held over the weekend of Saturday 10<sup>th</sup> and Sunday 11<sup>th</sup> November 2018 at the Acorn Centre, Acklam.

The course content on this weekend will be of a precise nature so that all participants become fully aware of the JKF Wadokai technical requirements for Kihon Waza (foundation techniques), Kumite (partner work) and Kata (traditional formal exercises).

The content of the course has been designed to accommodate all participants and classes will be divided up as much as possible into grade levels. Please be aware that there will be no competition on the Sunday.

On **Sunday 11<sup>th</sup> November** from 12pm there will be a JKF Dan Grading for up to and including 3<sup>rd</sup> Dan. To prevent overrunning on the day, if you can please complete an ABWK Dan Grading Application Form and return it to the General Secretary before the Dan Grading day, that would be really helpful.

**Please Note:** Successful Dan Grade registration fees **MUST** be paid in Japanese Yen (¥). The Winter Course fees and Dan Grade examination fees will be paid in pounds sterling (£).

If you have not yet joined the JKF Wadokai, hard copies of the Application forms will be available on the day. Further information about Course and Grading fees can all be found by visiting our website at <http://wadokai.org.uk> and to download your Dan Grade Application form and Individual JKF Membership Form.

We look forward to seeing you all very soon.

John Stephenson

### VENUE:

THE ACORN CENTRE  
ACKLAM  
MIDDLESBROUGH  
TS5 8QB

### DATES:

SATURDAY 10<sup>TH</sup> NOVEMBER

REGISTRATION FROM 1PM  
TRAINING 1:30PM – 5:30PM

SUNDAY 11<sup>TH</sup> NOVEMBER

REGISTRATION FROM 9:30AM  
TRAINING 10AM - 3PM

DAN GRADING FROM 12PM

### COURSE FEES:

BOTH DAYS £25  
SINGLE DAY £15

### FAMILY DISCOUNT

£60 BOTH DAYS  
£40 ONE DAY

### FURTHER INFORMATION

John Stephenson  
ABWK General Secretary

[john-stephenson@hotmail.co.uk](mailto:john-stephenson@hotmail.co.uk)

07591 381539